

SUMMARY OF BENEFITS Cigna Health and Life Insurance Co.

City of Centennial
Open Access Plus
Effective 1/1/2017



General Services	In-Network	Out-of-Network
Physician office visit – Primary Care Physician (PCP)	You pay \$20 per visit copay, then plan pays 100%	After the plan deductible is met, You pay 30% Plan pays 70%
Physician Office Visit – Specialist	You pay \$40 per visit copay, then plan pays 100%	After the plan deductible is met, You pay 30% Plan pays 70%
Cigna Telehealth Connection services <ul style="list-style-type: none"> Includes charges for the delivery of medical and health-related consultations via secure telecommunications technologies, telephones and internet only when delivered by contracted medical telehealth providers (see details on myCigna.com). 	You pay \$5 per visit copay, then plan pays 100%	Not Covered
Urgent care visit <ul style="list-style-type: none"> All services including Lab & X-ray 	You pay \$50 per visit copay, then plan pays 100%	After the plan deductible is met, You pay 30% Plan pays 70%
Preventive Care	Plan pays 100%, no copay, no deductible	After the plan deductible is met, You pay 30% Plan pays 70%
Preventive Services	Plan pays 100%, no copay, no deductible	After the plan deductible is met, You pay 30% Plan pays 70%
Immunizations	Plan pays 100%, no copay, no deductible	After the plan deductible is met, You pay 30% Plan pays 70%

General Services	In-Network	Out-of-Network
<p>Performance pharmacy plan</p> <ul style="list-style-type: none"> Includes contraceptives If a Brand name drug is requested when there is a Generic equivalent, member must purchase the Generic drug, or pay 100% of the difference between the Brand name price and the Generic price, plus the appropriate brand-name copay (unless the physician indicates "Dispense As Written" DAW) Pharmacy Network - Retail drugs for a 30 day supply may be obtained In-Network at a wide range of pharmacies across the nation although prescriptions for a 90 day supply (such as maintenance drugs) will be available at select network pharmacies. Cigna 90 Now Program: You can choose to fill your medications in a 30- or 90-day supply. If you choose to fill a 30-day prescription, it can be filled at any network retail pharmacy or Cigna Home Delivery. If you choose to fill a 90-day prescription, it must be filled at a 90-day network retail pharmacy or Cigna Home Delivery to be covered by the plan. Specialty medications are limited to a 30-day supply 	<p>Retail - (per 30 day supply) Tier 1: \$10 Tier 2: \$20 Tier 3: \$60</p> <p>Retail and Home Delivery - (per 90 day supply) Tier 1: \$30 Tier 2: \$60 Tier 3: \$180</p>	<p>Not Covered</p>
<p>Coinsurance</p>	<p>After the plan deductible is met, You pay 10% Plan pays 90%</p>	<p>After the plan deductible is met, You pay 30% Plan pays 70%</p>
<p>Calendar year deductible</p> <ul style="list-style-type: none"> Benefits for an individual within a family are paid once the individual deductible has been met. In-network and out-of-network expenses do not cross accumulate. Copays always apply before plan deductible and coinsurance. 	<p>Individual: \$500 Family: \$1,500</p>	<p>Individual: \$1,000 Family: \$3,000</p>
<p>Out-of-pocket annual maximum</p> <ul style="list-style-type: none"> Medical copays apply towards the out-of-pocket maximums Medical deductibles apply towards the out-of-pocket maximums Expenses do not cross accumulate between in-network and out-of-network out-of-pocket maximums Pharmacy copays and coinsurance apply towards the out-of-pocket maximums 	<p>Individual: \$2,500 Family: \$6,250</p>	<p>Individual: \$4,500 Family: \$11,250</p>
<p>Lifetime maximum</p>	<p>Unlimited Per individual</p>	
<p>Out-of-network annual maximum</p>	<p>Unlimited Per individual</p>	
<p>Emergency room care</p> <ul style="list-style-type: none"> All services rendered apply to ER benefit including Lab & X-ray 	<p>You pay \$300 per visit copay (waived if admitted), then plan pays 100%</p>	

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General Services	In-Network	Out-of-Network
Ambulance	After the in-network plan deductible is met, You pay 10% Plan pays 90%	
Office surgery – PCP	After the plan deductible is met, You pay 10% Plan pays 90%	After the plan deductible is met, You pay 30% Plan pays 70%
Office surgery – Specialist	After the plan deductible is met, You pay 10% Plan pays 90%	After the plan deductible is met, You pay 30% Plan pays 70%
Other office services – laboratory	Covered same as plan's Physician's Office Services	Covered same as plan's Physician's Office Services
Other office services – radiology	Covered same as plan's Physician's Office Services	Covered same as plan's Physician's Office Services
Outpatient lab	Plan pays 100%, no deductible	After the plan deductible is met, You pay 30% Plan pays 70%
Outpatient radiology	Plan pays 100%, no deductible	After the plan deductible is met, You pay 30% Plan pays 70%
Independent lab	Plan pays 100%, no deductible	After the plan deductible is met, You pay 30% Plan pays 70%
Office advanced radiology imaging services <ul style="list-style-type: none"> Includes MRI, MRA, PET, CT-Scan and Nuclear medicine 	After the plan deductible is met, You pay 10% Plan pays 90%	After the plan deductible is met, You pay 30% Plan pays 70%
Outpatient advanced radiology imaging services <ul style="list-style-type: none"> Includes MRI, MRA, PET, CT-Scan and Nuclear medicine 	After the plan deductible is met, You pay 10% Plan pays 90%	After the plan deductible is met, You pay 30% Plan pays 70%
Durable medical equipment <ul style="list-style-type: none"> Includes external prosthetic appliances Does accumulate towards the out-of-pocket maximum 	After the plan deductible is met, You pay 10% Plan pays 90%	After the plan deductible is met, You pay 30% Plan pays 70%
Breast Feeding Equipment and Supplies <ul style="list-style-type: none"> Limited to the rental of one breast pump per birth as ordered or prescribed by a physician. Includes related supplies 	Plan pays 100%, no copay, no deductible	After the plan deductible is met, You pay 30% Plan pays 70%

Benefits	In-Network	Out-of-Network
Hospital Services		
Inpatient hospital services	After the plan deductible is met, You pay 10% Plan pays 90%	After the plan deductible is met, You pay 30% Plan pays 70%
Inpatient Professional Services <ul style="list-style-type: none"> For services performed by Surgeons, Radiologists, Pathologists, Anesthesiologists, and Hospital Based Physician 	After the plan deductible is met, You pay 10% Plan pays 90%	After the plan deductible is met, You pay 30% Plan pays 70%
Outpatient hospital services	After the plan deductible is met, You pay 10% Plan pays 90%	After the plan deductible is met, You pay 30% Plan pays 70%

Benefits	In-Network	Out-of-Network
Outpatient professional services <ul style="list-style-type: none"> For services performed by Surgeons, Radiologists, Pathologists, Anesthesiologists 	After the plan deductible is met, You pay 10% Plan pays 90%	After the plan deductible is met, You pay 30% Plan pays 70%
Skilled nursing facility care <ul style="list-style-type: none"> 60 days per calendar year maximum 	After the plan deductible is met, You pay 10% Plan pays 90%	After the plan deductible is met, You pay 30% Plan pays 70%
Hospice care	After the plan deductible is met, You pay 10% Plan pays 90%	After the plan deductible is met, You pay 30% Plan pays 70%
Home health care <ul style="list-style-type: none"> 60 visits per calendar year maximum 	After the plan deductible is met, You pay 10% Plan pays 90%	After the plan deductible is met, You pay 30% Plan pays 70%
Mental Health and Substance Use Disorder		
Inpatient mental health <ul style="list-style-type: none"> Includes Residential Treatment 	After the plan deductible is met, You pay 10% Plan pays 90%	After the plan deductible is met, You pay 30% Plan pays 70%
Outpatient mental health – Physician’s Office <ul style="list-style-type: none"> Includes Individual, Intensive Outpatient, Behavioral Telehealth Consultation, and Group Therapy 	You pay \$40 copay	After the plan deductible is met, You pay 30% Plan pays 70%
Outpatient mental health – all other services <ul style="list-style-type: none"> Includes Partial Hospitalization Includes Individual, Intensive Outpatient, Behavioral Telehealth Consultation, and Group Therapy 	After the plan deductible is met, You pay 10% Plan pays 90%	After the plan deductible is met, You pay 30% Plan pays 70%
Inpatient substance use disorder <ul style="list-style-type: none"> Includes Residential Treatment 	After the plan deductible is met, You pay 10% Plan pays 90%	After the plan deductible is met, You pay 30% Plan pays 70%
Outpatient substance use disorder – Physician’s Office <ul style="list-style-type: none"> Includes Individual, Intensive Outpatient, Behavioral Telehealth Consultation, and Group Therapy 	You pay \$40 copay	After the plan deductible is met, You pay 30% Plan pays 70%
Outpatient substance use disorder – all other services <ul style="list-style-type: none"> Includes Partial Hospitalization Includes Individual, Intensive Outpatient, Behavioral Telehealth Consultation, and Group Therapy 	After the plan deductible is met, You pay 10% Plan pays 90%	After the plan deductible is met, You pay 30% Plan pays 70%
Therapy Services		
Outpatient physical therapy <ul style="list-style-type: none"> 20 visits per calendar year 	Covered same as plan’s Physician Office Visit – Specialist	After the plan deductible is met, You pay 30% Plan pays 70%
Outpatient speech therapy, hearing therapy and occupational therapy <ul style="list-style-type: none"> 20 visits per calendar year 	Covered same as plan’s Physician Office Visit – Specialist	After the plan deductible is met, You pay 30% Plan pays 70%
Chiropractic services <ul style="list-style-type: none"> 20 visits per calendar year 	Covered same as Specialist’s Office Visit	Not Covered
Acupuncture	Not Covered	Not Covered
Additional Services		

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Benefits	In-Network	Out-of-Network
Medical Specialty Drugs Inpatient Facility <ul style="list-style-type: none"> This benefit applies to the cost of the Infusion Therapy drugs administered in an Inpatient Facility. This benefit does not cover the related Facility or Professional charges. 	After the plan deductible is met, You pay 10% Plan pays 90%	After the plan deductible is met, You pay 30% Plan pays 70%
Medical Specialty Drugs Outpatient Facility <ul style="list-style-type: none"> This benefit applies to the cost of the Infusion Therapy drugs administered in an Outpatient Facility. This benefit does not cover the related Facility or Professional charges. 	After the plan deductible is met, You pay 10% Plan pays 90%	After the plan deductible is met, You pay 30% Plan pays 70%
Medical Specialty Drugs Physician's Office <ul style="list-style-type: none"> This benefit applies to the cost of targeted Infusion Therapy drugs administered in the Physician's Office. This benefit does not cover the related Office Visit or Professional charges. 	After the plan deductible is met, You pay 10% Plan pays 90%	After the plan deductible is met, You pay 30% Plan pays 70%
Medical Specialty Drugs Home <ul style="list-style-type: none"> This benefit applies to the cost of targeted Infusion Therapy drugs administered in the patient's home. This benefit does not cover the related Professional charges. 	After the plan deductible is met, You pay 10% Plan pays 90%	After the plan deductible is met, You pay 30% Plan pays 70%
PPACA Women's Health <ul style="list-style-type: none"> Includes surgical services, such as tubal ligation (excludes reversals) Contraceptive devices are included. 	Plan pays 100%, no copay, no deductible	Varies based on place of service
Family planning <ul style="list-style-type: none"> Includes surgical services, such as vasectomy (excludes reversals) 	Varies based on place of service	Varies based on place of service
Infertility	Not Covered	Not Covered
Abortion <ul style="list-style-type: none"> Includes non-elective procedures only 	Varies based on place of service	Varies based on place of service
TMJ	Not Covered	Not Covered
Organ transplant <ul style="list-style-type: none"> Services paid at network level if performed at Cigna LifeSOURCE Transplant Network® Facilities Travel maximum \$10,000 per transplant (only available if using Cigna LifeSOURCE Transplant Network® facility) 	After the plan deductible is met, You pay 10% Plan pays 90%	Not Covered
Out-of-area services <ul style="list-style-type: none"> Coverage for services rendered outside a network area ER and Ambulance paid the same as network services Preventive care services covered at 100% for out of area Out-of-network deductible and out-of-pocket maximums apply 	For all other services You pay 20% Plan pays 80% after the out of network deductible is met	

Additional Information

Selection of a Primary Care Provider- Your plan may require or allow the designation of a primary care provider. You have the right to designate any primary care provider who participates in the network and who is available to accept you or your family members. If your plan requires designation of a primary care provider, Cigna may designate one for you until you make this designation. For information on how to select a primary care provider, and for a list of the participating primary care providers, visit www.myCigna.com or contact customer service at the phone number listed on the back of your ID card. For children, you may designate a pediatrician as the primary care provider.

Direct Access to Obstetricians and Gynecologists- You do not need prior authorization from the plan or from any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. For a list of participating health care professionals who specialize in obstetrics or gynecology, visit www.myCigna.com or contact customer service at the phone number listed on the back of your ID card.

Out of Pocket Maximum

Once you reach the individual or family out-of-pocket maximum (non-covered benefits are excluded from this total) in any one calendar year, covered services will be payable at 100% for the remainder of the year.

- Medical copays apply towards out-of-pocket maximums
- Deductibles apply towards out-of-pocket maximums

Plan Coverage for Out-of-Network Providers

- The allowable covered expense for non-network services is based on the lesser of the health care professional's normal charge for a similar service or at 110% of a fee schedule developed by Cigna that is based on a methodology similar to one used by Medicare to determine the allowable fee for the same or similar service in a geographic area. In some cases, the Medicare based fee schedule will not be used and the maximum reimbursable charge for covered services is based on the lesser of the health care professional's normal charge for a similar service or supply or the amount charged for that service by 80% of the health care professionals in the geographic area where it is received. Out-of-network services are subject to a calendar year deductible and maximum reimbursable charge limitations.

Complete Care Management

Pre-authorization is required on all inpatient admissions and selected outpatient procedures, diagnostic testing, and outpatient surgery. Network providers are contractually obligated to perform pre-authorization on behalf of their customers. For an out-of-network provider, the customer is responsible for following the pre-authorization procedures. If a customer does not follow requirements for obtaining pre-treatment authorization, a \$500 penalty will be applied.

General Notice of Preexisting Condition Exclusion

- Not applicable

Exclusions

What's Not Covered (This Is Not All Inclusive; check your plan documents for a complete list)

- Services that aren't medically necessary
- Experimental or investigational treatments, except for routine patient care costs related to qualified clinical trials as described in your plan document
- Accidental injury that occurs while working for pay or profit
- Sickness for which benefits are paid or payable under any Worker's Compensation or similar law
- Services provided by government health plans
- Cosmetic surgery, unless it corrects deformities resulting from illness, breast reconstruction surgery after a mastectomy, or congenital defects of a newborn or adopted child or child placed for adoption
- Dental treatments and implants
- Custodial care
- Surgical procedures for the improvement of vision that can be corrected through the use of glasses or contact lenses
- Vision therapy or orthoptic treatment
- Hearing aids
- Reversal of sterilization procedures
- Nonprescription drugs or anti-obesity drugs
- Gene manipulation therapy
- Smoking cessation programs
- Non-emergency services incurred outside the United States
- Bariatric surgery
- Infertility services
- Treatment of TMJ disorders and craniofacial muscle disorders
- Dialysis (Out of Network)

These are only the highlights

This summary outlines the highlights of your plan. For a complete list of both covered and not-covered services, including benefits required by your state, see your employer's insurance certificate or summary plan description -- the official plan documents. If there are any differences between this summary and the plan documents, the information in the plan documents takes precedence.

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