

## RECREATIONAL

### South Suburban Active Adult Trips and Tours

- [www.ssprd.org/Catalog](http://www.ssprd.org/Catalog)
- **Contact:** Lisa Rendon, (303) 730-4606; [LisaR@ssprd.org](mailto:LisaR@ssprd.org)

### Eskimo Ski Club

- If you're a kid at heart looking for a fun group to ski with, check out the Eskimo Midweek Club. Travel to Winter Park/Mary Jane every Thursday from mid-January through March. There are three pickup locations in Centennial.
- [www.eskimoclub.com](http://www.eskimoclub.com)
- **Contact:** 303-761-1102; [eskimoclub@gmail.com](mailto:eskimoclub@gmail.com)

### Trail Maps

- **Centennial Parks & Trails** - [www.centennialco.gov/openspace](http://www.centennialco.gov/openspace)
- **South Suburban Parks & Recreation** - [www.ssprd.org/Parks/District-Maps/type/trail](http://www.ssprd.org/Parks/District-Maps/type/trail)
- **Cherry Creek State Park** - [www.cpw.state.co.us/placestogo/Parks/cherrycreek](http://www.cpw.state.co.us/placestogo/Parks/cherrycreek)
- **Arapahoe County Trails** - [www.co.arapahoe.co.us/Facilities](http://www.co.arapahoe.co.us/Facilities)
- **Douglas County** - [www.douglas.co.us/dc outdoors/trails/](http://www.douglas.co.us/dc outdoors/trails/)
- **Denver Metro Trails** - [www.denvermetrotrails.com](http://www.denvermetrotrails.com)

## VOLUNTEER OPPORTUNITIES

### Arapahoe County Local Coordinating Council (LCC)

- LCC is a community-based group that collaboratively works to learn, and identify the transportation needs within Arapahoe County.
- [www.sites.google.com/site/arapahoecounty/lcc/about-us](http://www.sites.google.com/site/arapahoecounty/lcc/about-us)

Visit [www.CentennialCO.gov/seniors](http://www.CentennialCO.gov/seniors)  
for more information on the Centennial Senior Commission

*The City of Centennial does not recommend or endorse specific organizations or programs.  
This information is provided only as a possible resource for you.*

# Transportation for Centennial Seniors

## COMMUNITY RESOURCE GUIDE



Brought to you by the Centennial Senior Commission



City of Centennial

## RESOURCES

### Denver Regional Mobility & Access Council (DRMAC)

- Information and assistance line to help you get where you need to go.
- **Email:** [information@drmac-co.org](mailto:information@drmac-co.org)
- **Phone:** (303) 243-3113

### DRMAC Getting There Guide

- [www.gettingthereguide.com](http://www.gettingthereguide.com)
- RTD access-a-Cab, Denver Metro: call (303) 244-1388 for same day service; ADA certification required
- RTD access-a-Ride: call (303) 299-2980 one to three business days in advance; ADA certification required
- RTD call-n-Ride: call (303) 299-6000 for same day service; 20 metro service locations; general public
- RTD Senior Ride: call (303) 299-6503 for details; general public groups of 10+
- RTD Senior Shopper: call (303) 299-6503 for details; general public groups of 10+
- RTD Senior Discount Coupons available at all King Soopers stores Regional Transportation District (RTD): [www.rtd-denver.com](http://www.rtd-denver.com)

### “WaytoGo” Program by DRCOG

- An interactive internet tool, provided by the Denver Regional Council of Governments (DRCOG), that allows users to identify all transportation options between their point of origin and destination.
- [www.waytogo.org](http://www.waytogo.org)
- **Phone:** (303) 458-7665

### Sign-up for Senior E-News!

Register to receive future resource guides and senior news and information at [www.CentennialCO.gov/NotifyMe](http://www.CentennialCO.gov/NotifyMe)



## RESOURCES

### “First Ride” Arapahoe & Denver Counties

- Open to those with medical, nutritional and local priority needs only. Contact three business days in advance.
- [www.arapahoegov.com/index.aspx?NID=350](http://www.arapahoegov.com/index.aspx?NID=350)
- **Phone:** (720) 540-5566
- **Hours:** Monday-Friday; 9 a.m. – 5 p.m.

### “First Transit” Non-emergency medical transportation/Medicaid

- [www.firsttransit.com/](http://www.firsttransit.com/)
- **Phone:** 1 (855) 264-6368
- **Eligibility requirements:**
  - Only used for non-emergency medical uses
  - Must be Medicaid eligible
  - Contact two business days in advance
  - Not all Medicaid recipients are eligible for transportation.

### Vital Appointment Transportation by the American Red Cross

- American Red Cross volunteers drive area seniors, persons with disabilities and others in need to doctor visits, medical procedures, chemotherapy and radiation treatments, and other vital appointments.
- [www.redcross.org/co/denver/programs-services/vital-appointment-transportation](http://www.redcross.org/co/denver/programs-services/vital-appointment-transportation)
- **Senior Resource Scheduling:** (303) 235-6972. Limited availability.

### American Cancer Society (ACS)

- Resources are available for lodging, workshops, transportation, and other services and products for cancer patients, survivors and loved ones.
- [www.cancer.org](http://www.cancer.org)
- **Phone:** (866) 500-3272

